

**DOW MEDICAL COLLEGE**  
**FIRST PROFESSIONAL YEAR MBBS- BATCH 2031**  
**FOUNDATION-I MODULE (2026)**  
**TIMETABLE: WEEK 2 TENTATIVE**

Days	8:30- 9:30 AM	9:30 - 10:30 AM	11:00 - 12:30 PM			1:30 – 3:00 PM
MON 26/1	<b>HISTOLOGY</b> Cell introduction (structure and functions) DR. Rabia Rehan	<b>PHYSIOLOGY</b> Cell Membrane (Composition and Function) Dr. Falak Sehar	A = BIOCHEMISTRY: (Pract) Introduction to the use of Laboratory Facilities / Equipment <b>BIOCHEM LAB</b> Dr. Sajida Perveen	B1 = SKILL LAB: First Aid- SKILL LAB	C = COMMUNITY MEDICINE (TUTORIAL) Doctor Patient relationship Truth telling Dr Rameesha/ Dr. Safiya	<b>BIOCHEMISTRY</b> Cell Membrane: Macromolecular organization in Composition Dr. Farina Hanif
TUE 27/1	<b>HISTOLOGY</b> Cell Membrane and Cytoplasm Dr. Tanzeela Khan	<b>PHYSIOLOGY</b> Transport Across the Cell Membrane – Passive Transport Dr. Uzair Abbas	B = BIOCHEMISTRY (Pract) Introduction to the use of Laboratory Facilities / Equipment <b>BIOCHEM LAB</b>	C = SKILL LAB: First Aid	A = COMMUNITY MEDICINE (TUTORIAL) Doctor Patient relationship Truth telling	<b>PHYSIOLOGY</b> Transport across the cell membrane – Primary Active Transport Dr. Uzair Abbas
WED 28/1	<b>BIOCHEMISTRY</b> Water (Structure, dissociation) Buffer and pH Dr. Mehnaz Gitay	<b>PHYSIOLOGY</b> Transport across the cell membrane – Secondary Active Transport Dr. Uzair Abbas	C = BIOCHEMISTRY (Pract) Introduction to the use of Laboratory Facilities / Equipment <b>BIOCHEM LAB</b>	A = SKILL LAB First Aid <b>SKILL LAB</b>	B= COMMUNITY MEDICINE (TUTORIAL) Doctor Patient relationship Truth telling	<b>SELF STUDY</b>
THU 29/1	<b>PHYSIOLOGY</b> Transport Across Cell Membrane Bulk Transport Dr. Ambreen Qamar	<b>HISTOLOGY</b> Cell Organelles (Endoplasmic Reticulum, Golgi Apparatus, Ribosomes, Centrioles, Mitochondrion, Lysosomes, Peroxisomes) DR. Zaheer Amjad	Mentorship session (All mentoring faculty members)			<b>PHYSIOLOGY</b> Physiological Role Of Cell Organelle DR. Tooba Noor
Fri 30/1	<b>COMMUNITY MEDICINE</b> Concepts of Health and Disease Dr. Faryal Nawab	<b>HISTOLOGY</b> Nucleus Dr. Sara Farhan	SELF STUDY			
Sat 31/1	<b>BIOCHEMISTRY</b> Enzymes: Structure, classification and Functions Dr. Uzma Zaman	<b>PHYSIOLOGY</b> Locomotion of Cell DR. Tooba Noor		<b>HISTOLOGY</b> Cell Surface Modification (Microvilli, Cilia, Flagella) Dr. Sehar Mubeen		<b>SELF STUDY</b>