

DOW MEDICAL COLLEGE
FIRST PROFESSIONAL YEAR MBBS- BATCH 2031
FOUNDATION-I MODULE (2026)
TIMETABLE: WEEK 2 TENTATIVE

Days	8:30- 9:30 AM	9:30 - 10:30 AM		11:00 - 12:30 PM		1:30 – 3:00 PM
MON 26/1	HISTOLOGY Cell introduction (structure and functions) DR. Rabia Rehan	PHYSIOLOGY Cell Membrane (Composition and Function) Dr. Falak Sehar	T E A C H E R S	A = BIOCHEMISTRY: (Pract) Introduction to the use of Laboratory Facilities / Equipment BIOCHEM LAB Dr. Sajida Perveen B1 = SKILL LAB: First Aid- SKILL LAB C = COMMUNITY MEDICINE (TUTORIAL) Doctor Patient relationship Truth telling Dr Rameesha/ Dr. Safiya	L U N C H B R E A K A N D N A M A Z E Z O H A R	BIOCHEMISTRY Cell Membrane: Macromolecular organization in Composition Dr. Farina Hanif
TUE 27/1	HISTOLOGY Cell Membrane and Cytoplasm Dr. Tanzeela Khan	PHYSIOLOGY Transport Across the Cell Membrane – Passive Transport Dr. Uzair Abbas		B = BIOCHEMISTRY (Pract) Introduction to the use of Laboratory Facilities / Equipment BIOCHEM LAB C = SKILL LAB: First Aid A = COMMUNITY MEDICINE (TUTORIAL) Doctor Patient relationship Truth telling		PHYSIOLOGY Transport across the cell membrane – Primary Active Transport Dr. Uzair Abbas
WED 28/1	BIOCHEMISTRY Water (Structure, dissociation) Buffer and pH Dr. Mehnaz Gitay	PHYSIOLOGY Transport across the cell membrane – Secondary Active Transport Dr. Uzair Abbas		C = BIOCHEMISTRY (Pract) Introduction to the use of Laboratory Facilities / Equipment BIOCHEM LAB A = SKILL LAB First Aid SKILL LAB B= COMMUNITY MEDICINE (TUTORIAL) Doctor Patient relationship Truth telling		SELF STUDY
THU 29/1	PHYSIOLOGY Transport Across Cell Membrane Bulk Transport Dr. Ambreen Qamar	HISTOLOGY Cell Organelles (Endoplasmic Reticulum, Golgi Apparatus, Ribosomes, Centrioles, Mitochondrion, Lysosomes, Peroxisomes) DR. Zaheer Amjad		Mentorship session (All mentoring faculty members)		PHYSIOLOGY Physiological Role Of Cell Organelle DR. Tooba Noor
Fri 30/1	COMMUNITY MEDICINE Concepts of Health and Disease Dr. Faryal Nawab	HISTOLOGY Nucleus Dr. Sara Farhan		SELF STUDY		
Sat 31/1	BIOCHEMISTRY Enzymes: Structure, classification and Functions Dr. Uzma Zaman	PHYSIOLOGY Locomotion of Cell DR. Tooba Noor		HISTOLOGY Cell Surface Modification (Microvilli, Cilia, Flagella) Dr. Sehar Mubeen		SELF STUDY